

YDLL Midlands Premier SW Round 3: RESULTS  
Swansea University Track, Sun 19 June 2016

Bul5 100m A	Wind -0.8 m/s	Bul5 100m B	Wind -2.0 m/s
1 Luca Contino	CDF 12.17	1 Daniel Murathodzic	CDA 12.44
2 Theo Cabango	CDA 12.28	2 Carter Staples	CDF 12.84
3 Tristan James	SWS 12.38	3 Tyler Cook	SWS 13.13
4 Marian Vu	CLT 12.83	4 Dominic Saltau	CLT 14.48
5 James Gent	NSM 13.31	5 Dylan Andrews	SWA 14.66
6 Kaif Raif	SWA 13.38		
Bul5 200m A	Wind -2.6 m/s	Bul5 200m B	Wind -1.7 m/s
1 Joseph Coope-Franklin	CDF 24.72	1 Harvey Reynolds	CDF 24.61
2 Steaffan Jones	SWA 24.93	2 George Dun	SWS 25.86
3 Theo Cabango	CDA 25.19	3 Scott Dowell	CDA 26.23
4 Ben Petherbridge	SWS 26.01	4 Dominic Saltau	CLT 29.54
5 Marian Vu	CLT 26.86		
6 James Gent	NSM 27.66		
Bul5 300m A		Bul5 300m B	
1 Joseph Coope-Franklin	CDF 38.49	1 Harvey Reynolds	CDF 39.17
2 Steaffan Jones	SWA 38.93	2 Tom Henderson	SWS 41.63
3 Ben Petherbridge	SWS 40.87	3 Ben Henson	CDA 42.21
4 Scott Dowell	CDA 41.89	4 Matt Humprheys	SWA 42.47
5 Archie Routledge	CLT 43.01	5 Joseph Tandy	CLT 45.33
Bul5 800m A		Bul5 800m B	
1 Daniel John	CDF 2.06.60	1 Harry Griffiths	CDF 2.15.76
2 Ethan Goode	CDA 2.08.24	2 Alex King	CDA 2.16.97
3 Tom Henderson	SWS 2.14.59	3 Archie Routledge	CLT 2.25.19
4 Matt Humprheys	SWA 2.16.82	4 Dylan Andrews	SWA 2.32.11
5 Joseph Tandy	CLT 2.24.05	5 William Arnold	SWS 2.40.82
Bul5 1500m A		Bul5 1500m B	
1 James Penrose	CDA 4.22.30	1 Joseph Lloyd	SWS 4.43.67
2 Fraser Willmore	CLT 4.27.52	2 Daniel Marshall	CLT 4.59.81
3 Nathan Jones	SWS 4.28.68	3 Harry Owen	CDF 6.05.52
4 Devin Coombes	SWA 4.48.96		
5 Samuel Griffin	CDF 4.53.96		
6 Ollie Lock	NSM 5.01.00		
Bul5 80mH A	Wind -0.8 m/s	Bul5 80mH B	Wind -1.6 m/s
1 Daniel Murathodzic	CDA 11.88	1 Tyler Cook	SWS 12.12
2 Tristan James	SWS 11.98	2 Immanuel Feyi Waboso	CDA 12.56
3 Matthew Register	CDF 13.35	3 Ben Hillman	CDF 13.86
4 Tom Samuel	CLT 14.32		
Bul5 Discus Throw A		Bul5 Discus Throw B	
1 Luca Contino	CDF 30.56	1 Lloyd Clarke	CDF 23.37
2 James Parr	CLT 26.08	2 Immanuel Feyi Waboso	CDA 18.63
3 Joseff Moyse	SWS 25.41	3 Yazan Hammouda	SWS 18.15
4 Gabriel Harcombe	CDA 23.68	4 Devin Coombes	SWA 14.63

Bul5 Hammer Throw A		Bul5 Hammer Throw B	
1 Evan Morgan	CDF 35.38	1 Lloyd Clarke	CDF 22.64
2 Chris Thompson	CDA 31.12	2 Mark Mellor	CDA 20.35
3 James Parr	CLT 30.49	3 Joseff Moyse	SWS 19.59
4 Rhidian Jenkins	SWS 20.59		
Bul5 Javelin Throw A		Bul5 Javelin Throw B	
1 Joseff Moyse	SWS 35.32	1 Rhys Piper	SWS 30.01
2 Tyler Santos	CDF 32.82	2 Ethan Goode	CDA 29.06
3 Ben Henson	CDA 31.95	3 Evan Morgan	CDF 25.83
4 Christopher Picken	CLT 29.38	4 Devin Coombes	SWA 12.70
5 Hamza Davies	SWA 18.41		
Bul5 Shot Putt A		Bul5 Shot Putt B	
1 Luca Contino	CDF 10.65	1 Tristan James	SWS 10.15
2 George Dun	SWS 10.15	2 Lloyd Clarke	CDF 9.12
3 Ben Henson	CDA 9.67	3 Chris Thompson	CDA 8.75
4 Hamza Davies	SWA 6.27		
Bul5 Long Jump A		Bul5 Long Jump B	
1 Nathan Lake	SWS 5.23+2.2	1 Theo Cabango	CDA 4.97+2.2
2 Daniel Murathodzic	CDA 5.19+1.8	2 Thomas Payne	SWS 4.95+1.9
3 Jonathan Gibson	CDF 4.94+2.0	3 Ben Hillman	CDF 4.68+1.2
4 Tom Samuel	CLT 4.69+4.6	4 Dominic Saltau	CLT 4.47+1.8
5 Matt Humpreys	SWA 4.22+1.4		
Bul5 High Jump A		Bul5 High Jump B	
1 Simeon Santima	CDF 1.61	1 George Dun	SWS 1.55
2 Rhidian Jenkins	SWS 1.58	2=Edward King	CDA 1.45
3 Immanuel Feyi Waboso	CDA 1.50	2=Jonathan Gibson	CDF 1.45
4 Tom Samuel	CLT 1.50	4 Daniel Marshall	CLT 1.45
Bul5 Pole Vault A		Bul5 Pole Vault B	
1 Mark Mellor	CDA 3.60	1 Chris Thompson	CDA 2.80
2 Iwan Slade	SWS 2.40	2 Dylan Ward	SWS 2.20
3 Jonathan Gibson	CDF 1.90	3 Adam Mohsin	CDF 1.80
Bul13 100m A		Bul13 100m B	
	Wind -0.7 m/s		Wind -2.0 m/s
1 Sam Petherbridge	SWS 13.22	1 Harvey James	SWS 13.65
2 Evan Jones	SWA 13.23	2 Ethan Rand	SWA 13.69
3 Zak Wall	CDA 13.80	3 Mattia Corbett	CLT 13.91
4 Luca Logue-Fonseca	CDF 14.12	4 Ben Vincent	CDF 14.16
5 Robert Smith	CLT 14.37	5 Harry Gimson	CDA 14.68
6 Benjamin Clarke	NSM 15.20	6 Sam Payne	NSM 14.70

Bul3 200m A	Wind -0.9 m/s	Bul3 200m B	Wind -2.1 m/s
1 Charlie Holland	SWS 26.03	1 Sam Petherbridge	SWS 27.87
2 Evan Jones	SWA 26.39	2 Louis Shugar-Rocherfort	CDF 28.08
3 Zak Wall	CDA 27.31	3 Harry Gimson	CDA 29.52
4 Luca Logue-Fonseca	CDF 29.08	4 Morgan Hubbarde	SWA 29.78
5 Robert Smith	CLT 29.92	5 Benjamin Clarke	NSM 31.35
6 Arthur Hales	NSM 30.28	6 James Oldale	CLT 31.69
Bul3 800m A		Bul3 800m B	
1 Charlie Holland	SWS 2.20.52	1 Ben Hughes	CDF 2.33.23
2 Lloyd Jones	CDF 2.30.52	2 Steffan Rayment	CDA 2.35.90
3 Mattia Corbett	CLT 2.32.75	3 Lewis Jacobs	SWA 2.36.80
4 Andrew Penrose	CDA 2.33.33	4 James Maddocks	CLT 2.47.81
5 Hywell Leyshon	SWA 2.42.65	5 Daniel Hutfield	SWS 2.48.07
Bul3 1500m A		Bul3 1500m B	
1 Jacob Reynolds	CDF 4.42.96	1 Ryan Edwards	CDF 4.53.33
2 Kian Evans	SWS 4.51.85	2 Finlay Hawkins	CLT 5.16.48
3 Huw Riley	CDA 5.00.17	3 Elliot Harris	SWS 5.20.94
4 Ben Powell	CLT 5.04.10	4 Dafydd Pratchett	SWA 5.22.71
5 Rhys Hardman	SWA 5.12.28	5 Oliver Kirkham	CDA 5.36.39
6 Cameron Baker-Perry	NSM 5.44.24	6 Louis Brunson	NSM 5.45.74
Bul3 75mH A	Wind -1.1 m/s	Bul3 75mH B	Wind -0.2 m/s
1 Louis Shugar-Rocherfort	CDF 12.84	1 Harvey James	SWS 14.29
2 Sam Payne	NSM 13.18	2 James Maddocks	CLT 15.87
3 Owain Clarke	SWS 13.50	3 Joseff Haig	SWA 16.57
4 Fraser King	CDA 14.38		
5 Ryan Berry	CLT 15.73		
6 Sean McLoughlin	SWA 16.38		
Bul3 Javelin Throw A		Bul3 Javelin Throw B	
1 Fin Hill	CDF 24.43	1 Oliver Risborough	CLT 21.45
2 James Maddocks	CLT 21.84	2 Charlie Russell	CDF 17.71
3 Noah Osborne	SWS 21.37	3 Iefan Lawry	SWA 17.22
4 Sebastin Julier	SWA 20.06	4 Aron Williams	SWS 16.59
5 Oliver Kirkham	CDA 14.42		
6 Louis Brunson	NSM 1.86		
Bul3 Shot Putt A		Bul3 Shot Putt B	
1 Aron Williams	SWS 10.25	1 Oscar Dunn	SWS 8.91
2 Zak Wall	CDA 8.45	2 Sonny Greenman	CDA 6.09
3 Evan Jones	CDF 6.81	3 Joseff Haig	SWA 5.18
4 Arthur Hales	NSM 6.43	4 Charlie Russell	CDF 5.11
5 Iefan Lawry	SWA 5.58	5 Oliver Risborough	CLT 4.69
6 Joe Cook	CLT 5.08	6 Cameron Baker-Perry	NSM 4.14
Bul3 Long Jump A		Bul3 Long Jump B	
1 James Stanton	CLT 4.68+0.9	1 Luca Logue-Fonseca	CDF 4.58+1.5
2 Ben Vincent	CDF 4.64+0.8	2 Benjamin Clarke	NSM 4.20+1.5
3 Fraser King	CDA 4.60+2.5	3 Alex Davies	SWS 4.10+0.8
4 Noah Osborne	SWS 4.37+1.7	4 Harry Beddall	CDA 3.92+1.6
5 Arthur Hales	NSM 4.32+3.4	5 Sean McLoughlin	SWA 3.88+1.9
6 Ewan Bailey	SWA 3.95+3.2	6 Ryan Berry	CLT 3.85+2.4

Bul3 High Jump A		Bul3 High Jump B	
1 Noah Osborne	SWS 1.43	1 Sam Petherbridge	SWS 1.40
2 James Stanton	CLT 1.40	2 Ryan Berry	CLT 1.30
3 Sam Payne	NSM 1.35	3 Harry Beddall	CDA 1.20
4 Fraser King	CDA 1.30	4 Louis Brunsdon	NSM 1.05
5 Dafydd Pritchett	SWA 1.10		
Gul15 100m A		Gul15 100m B	
1 Issie Tustin	Wind -1.6 m/s CDF 12.95	1 Nia Grundy	Wind -1.6 m/s CDF 13.39
2 Caitlyn Mapps	CDA 13.40	2 Caitlin Hier	SWS 13.65
3 Isabella Kilbride	CLT 13.49	3 Kirsty Law	SWA 14.12
4 Danai Mugabe	SWS 13.52	4 Eadie Dziemidowicz	CDA 14.20
5 Ffion Louise Jones	SWA 13.58		
6 Rosie Hall	NSM 13.77		
Gul15 200m A		Gul15 200m B	
1 Issie Tustin	Wind -1.9 m/s CDF 26.81	1 Nia Grundy	Wind -1.8 m/s CDF 27.48
2 Ffion Louise Jones	SWA 27.88	2 Caitlin Hier	SWS 27.90
3 Danai Mugabe	SWS 27.98	3 Kirsty Law	SWA 28.53
4 Rosie Hall	NSM 28.60	4 Rhian Lewis	CDA 31.21
5 Eadie Dziemidowicz	CDA 29.89		
6 Francesca Bevan	CLT 30.71		
Gul15 300m A		Gul15 300m B	
1 Amber Evans	SWS 42.80	1 Nia Riley	CDA 44.59
2 Lily Gaskin	CDF 42.94	2 Eluned King	SWS 44.76
3 Alaw Evans	CDA 43.22	3 Sofia Vella	CDF 44.85
4 Grace Pitman	CLT 44.39	4 Hollie Mullan	SWA 46.35
5 Amber Williams	SWA 46.25		
6 Masie Squires	NSM 46.58		
Gul15 800m A		Gul15 800m B	
1 Mollie Jones	SWS 2.18.85	1 Eluned King	SWS 2.25.42
2 Nia Riley	CDA 2.19.68	2 Lily Ivin	CDA 2.39.67
3 Sofia Vella	CDF 2.32.76	3 Hollie Mullan	SWA 2.40.20
4 Lucy Griffin	CLT 2.36.40	4 Megan Friedli	CDF 2.44.59
5 Ffion Spence	SWA DISQ	5 Francesca Bevan	CLT 2.52.98
Gul15 1500m A		Gul15 1500m B	
1 Caitlin Gwyther	SWS 4.47.57	1 Ella Morgan	SWA 5.19.89
2 Nia Clatworthy	CDF 4.51.33	2 Emily Chirighin	CDF 5.31.83
3 Ffion Higginson	SWA 4.52.98	3 Megan Jones	CDA 5.35.57
4 Anya Lennon	CDA 5.11.88	4 Lucy Meech	CLT 6.05.52
5 Jodie Burnett-Hockey	CLT 5.39.25	5 Darcie Bass	SWS DNF
6	NSM 5.46.27		
Gul15 75mH A		Gul15 75mH B	
1 Saffy Maurice	Wind -1.6 m/s CDF 12.74	1 Brooke Annandale	Wind -1.1 m/s CDF 12.54
2 Daniela Ramos	SWS 12.82	2 Lily Ivin	CDA 12.68
3 Remi Shah-Thornley	CLT 12.99	3 Sophie Brown	CLT 13.28
4 Erin McLoughlin	SWA 14.40	4 Jamie Holland	SWS 14.13
5 Caitlyn Mapps	CDA DNF		

Gul5 Discus Throw A		Gul5 Discus Throw B	
1 Anais Rowlands	CDF 25.78	1 Cassey Grimwade	CDF 21.88
2 Holly Cooper	SWS 24.58	2 Sally Hopkins	SWS 21.17
3 Neve Berry	CLT 21.96	3 Ellie Beddall	CDA 20.76
4 Molly Greenman	CDA 20.83	4 Lauren Garfield	CLT 17.85
5 Natasha Statham	NSM 15.50	5 Ffion Higginson	SWA 11.63
6 Laura Evans	SWA 15.49		
Gul5 Hammer Throw A		Gul5 Hammer Throw B	
1 Cassey Grimwade	CDF 38.33	1 Ffion Berrell	SWS 32.67
2 Lara Spacey	SWS 37.02	2 Anais Rowlands	CDF 23.87
3 Maddie Emery	CDA 28.21	3 Lauren Garfield	CLT 21.29
4 Neve Berry	CLT 23.36	4 Ellie Beddall	CDA 16.81
Gul5 Javelin Throw A		Gul5 Javelin Throw B	
1 Jamie Holland	SWS 25.73	1 Scarlett Russell	CDF 22.61
2 Emma Fitzherbert	CDF 23.18	2 Tiana Evans	SWS 20.47
3 Isabella Kilbride	CLT 21.67	3 Emma Martin	CDA 19.45
4 Molly Greenman	CDA 20.93	4 Remi Shah-Thornley	CLT 13.01
5 Lily Coughlin Davey	SWA 11.07	5 Laura Evans	SWA DNSCR
6 Natasha Statham	NSM DNSCR		
Gul5 Shot Putt A		Gul5 Shot Putt B	
1 Jamie Holland	SWS 9.61	1 Sally Hopkins	SWS 8.95
2 Molly Greenman	CDA 8.98	2 Ellie Beddall	CDA 8.53
3 Cassey Grimwade	CDF 8.33	3 Anais Rowlands	CDF 6.95
4 Lily Coughlin Davey	SWA 7.07	4 Laura Evans	SWA 6.05
5 Natasha Statham	NSM 6.76	5 Lucy Meech	CLT 5.38
6 Neve Berry	CLT 6.66		
Gul5 Long Jump A		Gul5 Long Jump B	
1 Caitlyn Mapps	CDA 5.07+1.4	1 Isobel Owen	CDF 4.50+1.1
2 Sophie Brown	CLT 4.84+1.2	2 Lily Crawley	CLT 4.37+0.9
3 Sofia Vella	CDF 4.64+1.7	3 India Collinson	SWS 4.35+1.9
4 Grace Thomas	SWS 4.52+1.5	4 Rhian Lewis	CDA 4.14+2.0
5 Lottie Milnes	NSM 4.20+0.8	5 Rosie Hall	NSM 3.89+1.2
Gul5 High Jump A		Gul5 High Jump B	
1 Lydia Hannaford	SWS 1.58	1 Marnie Musgrave	SWS 1.55
2 Lily Crawley	CLT 1.55	2 Emily Steer	CDF 1.45
3 Isobel Owen	CDF 1.50	3 Lucy Griffin	CLT 1.40
4 Lily Ivin	CDA 1.40	4 Alaw Evans	CDA 1.30
5 Erin McLoughlin	SWA 1.30	5 Ella Hubbarde	SWA 1.15
Gul5 Pole Vault A		Gul5 Pole Vault B	
1 Nell Davies	SWS 2.30	1 Rhianna Satterly	CDF 2.10
2 Caitlin Leggett	CDF 2.00	2 Charlotte Campion	SWS 1.80
3 Caitlyn Taylor	CDA 1.90	3 Amarie Jones	CDA 1.70
4 Lucy Meech	CLT 1.70		

Gul3 75m A	Wind -2.7 m/s	Gul3 75m B	Wind -2.7 m/s
1 Emily Collins	SWS 10.57	1 Maddy Jones	CDF 10.95
2 Ellie Rose Isaac	CDA 10.63	2 Victoria Owen	CDA 11.24
3 Holly Medina	CDF 10.65	3 Georgia Wilson	SWS 11.26
4 Tilly Smale	NSM 10.77	4 Jodie Davies	SWA 11.27
5 Lydia Roberts	SWA 10.81	5 Jorja Webb	CLT 11.66
6 Izzy Blackford	CLT 10.84	6 Phoebe Gooch	NSM 12.49
Gul3 150m A	Wind -2.2 m/s	Gul3 150m B	Wind -2.4 m/s
1 Ellie Rose Isaac	CDA 20.53	1 Maddy Jones	CDF 20.94
2 Tilly Smale	NSM 20.63	2 Stephanie Brooks	NSM 21.60
3 Carys Poole	SWS 20.98	3 Jasmine Shambrook	CLT 21.64
4 Izzy Blackford	CLT 21.10	4 Jodie Davies	SWA 21.88
5 Holly Medina	CDF 21.16	5 Georgia Wilson	SWS 22.15
6 Lydia Roberts	SWA 21.41		
Gul3 800m A		Gul3 800m B	
1 Alana Lea	CDF 2.36.45	1 Jemima Robinson	CDF 2.42.69
2 Emily Dandy	CLT 2.38.49	2 Elin Murphy	SWS 2.43.65
3 Moli Watts	CDA 2.40.64	3 Amiee Childs	SWA 2.45.30
4 Megan Froley	SWA 2.43.05	4 Isabelle Owen	CLT 2.55.05
5 Sophia Mur	NSM 2.46.22	5 Isabella Wigley	CDA 2.56.77
6 Summer Stuart-Low	SWS 2.47.71	6 Alysha Forsbrook	NSM 3.06.40
Gul3 1200m A		Gul3 1200m B	
1 Eden Williams	CDF 3.59.68	1 Kiera Griffiths	SWA 4.18.28
2 Alanah Hill	CDA 4.04.48	2 Frey Roberts	CDA 4.26.52
3 Moli Lyons	SWA 4.05.94	3 Lili Jones	CDF 4.27.29
4 Connie Ballentine	NSM 4.12.97	4 Stephanie Brooks	NSM 4.30.19
5 Tiffany Rees	SWS 4.16.88	5 Grace Whitaker	SWS 4.51.02
6 Olivia Bennett	CLT 5.06.34		
Gul3 70mH A	Wind -0.7 m/s	Gul3 70mH B	Wind -1.0 m/s
1 Carys Poole	SWS 11.36	1 Emily Collins	SWS 12.37
2 Evie Wong	CDF 12.00	2 Ella Jackson	CDA 13.32
3 Ellie Rose Isaac	CDA 12.03	3 Elen James	CDF 13.33
4 Holly Davies	NSM 13.27	4 Molly Gould	CLT 15.68
5 Jasmine Shambrook	CLT 13.44	5 Alysha Forsbrook	NSM 17.16
6 Megan Froley	SWA 14.94		
Gul3 Javelin Throw A		Gul3 Javelin Throw B	
1 Chloe Jones	SWS 22.23	1 Molly Crabb	SWS 15.55
2 Ella Jackson	CDA 21.03	2 Georgina Edwards	CDF 12.05
3 Izzy Blackford	CLT 17.74	3 Ellie Miles	CDA 11.39
4 Lily Gregson	CDF 15.27	4 Alysha Forsbrook	NSM 9.97
5 Amiee Childs	SWA 14.57	5 Emily Dandy	CLT 8.14
6 Stephanie Brooks	NSM 12.15	6 Moli Lyons	SWA 4.49
Gul3 Shot Putt A		Gul3 Shot Putt B	
1 Carys Dickenson	SWS 8.23	1 Neve Bowen	SWS 7.23
2 Jennifer Emezie	CDA 7.78	2 Ella Jackson	CDA 6.96
3 Lydia Roberts	SWA 7.41	3 Katie Gould	CDF 6.05
4 Jasmine Shambrook	CLT 6.20	4 Jorja Webb	CLT 5.58
5 Evie Wong	CDF 6.15	5 Jersey Jones	SWA 5.53
6 Connie Ballentine	NSM 5.57		

Gul3 Long Jump A		Gul3 Long Jump B	
1 Tilly Smale	NSM 4.66+1.7	1 Emily Collins	SWS 4.25+1.7
2 Carys Poole	SWS 4.65+1.7	2 Evie Wong	CDF 4.21+0.8
3 Gabby Dickinson	CDF 4.36+1.7	3 Josie Pasley	CDA 3.77+1.8
4 Ellie Miles	CDA 4.11+5.4	4 Phoebe Gooch	NSM 3.59+0.8
5 Maddie Carnes	CLT 3.59+1.6	5 Isabelle Owen	CLT 3.40+1.2
6 Mali Morse	SWA 3.30+0.6	6 Erin Andrews	SWA 2.62+2.3

Gul3 High Jump A		Gul3 High Jump B	
1 Josie Pasley	CDA 1.38	1 Jennifer Emezie	CDA 1.30
2 Gabby Dickinson	CDF 1.35	2 Freya Hannaford	SWS 1.25
3 Ella Evans	SWS 1.35	3 Jemima Robinson	CDF 1.20
4 Maddie Carnes	CLT 1.25	4 Phoebe Gooch	NSM 1.10
5 Holly Davies	NSM 1.20		

Gul3 4x100m			
1 CDA 55.05	1 Ellie Rose Isaac	2 Seren Dowell	
	3 Ellie Miles	4 Jennifer Emezie	
2 CDF 55.10	1 Olivia Sugarman	2 Maddy Jones	
	3 Gabby Dickinson	4 Holly Medina	
3 SWS 57.57	1 Emily Collins	2 Carys Poole	
	3 Grace Whitaker	4 Georgia Wilson	
4 CLT 59.42	1 Jasmine Shambrook	2 Molly Gould	
	3 Jorja Webb	4 Izzy Blackford	
5 SWA 60.36	1 Amiee Childs	2 Jodie Davies	
	3 Mali Morse	4 Lydia Roberts	
6 NSM 66.00	1 Phoebe Gooch	2 Stephanie Brooks	
	3 Alysha Forsbrook	4 Connie Ballentine	

Gul5 4x100m			
1 CDF 52.83	1 Emmanuella Kone	2 Nia Grundy	
	3 Saffy Maurice	4 Issie Tustin	
2 SWS 53.65	1 Caitlin Hier	2 Grace Thomas	
	3 Amber Evans	4 Danai Mugabe	
3 CDA 54.30	1 Rhian Lewis	2 Caitlyn Mapps	
	3 Eadie Dziemidowicz	4 Lily Ivin	
4 CLT 54.63	1 Remi Shah-Thornley	2 Sophie Brown	
	3 Isabella Kilbride	4 Grace Pitman	
5 SWA 55.30	1 Skye Jenkins Patron	2 Kirsty Law	
	3 Hannah Dixon	4 Ffion Louise Jones	

Bul3 4x100m			
1 SWS 53.67	1 Dominic Turner	2 Sam Petherbridge	
	3 Harvey James	4 Charlie Holland	
2 CDF 54.94	1 Louis Shugar-Rocherfort	2 Ben Vincent	
	3 Jay Thorne	4 Luca Logue-Fonseca	
3 SWA 55.64	1 Tomos Broad	2 Morgan Hubbarde	
	3 Ewan Bailey	4 Evan Jones	
4 CDA 55.72	1 Fraser King	2 Morgan Wigley	
	3 Zak Wall	4 Harry Gimson	
5 CLT 58.81	1	2	
	3	4	

Bu15 4x100m

1	CDF	48.58	1	Matthew Register	2	Simeon Santima
			3	Ben Hillman	4	Luca Contino
2	CDA	48.65	1	Theo Cabango	2	Daniel Murathodzic
			3	Immanuel Feyi Waboso	4	Ben Henson
3	SWS	49.99	1	Nathan Lake	2	Tristan James
			3	Ben Petherbridge	4	Tyler Cook
4	CLT	62.74	1	Tom Samuel	2	Joseph Tandy
			3	Dominic Saltau	4	Marian Vu

Gu15 4x300m

1	SWS	3.04.11	1	Caitlin Gwyther	2	Rosa Humphreys
			3	Eluned King	4	Amber Evans
2	CDF	3.07.50	1	Emily Chirighin	2	Nia Clatworthy
			3	Sofia Vella	4	Lily Gaskin
3	CDA	3.07.62	1	Alaw Evans	2	Nia Riley
			3	Ellie Beddall	4	Anya Lennon
4	SWA	3.15.92	1	Amber Williams	2	Hollie Mullan
			3	Ella Morgan	4	Ffion Higginson
5	CLT	3.18.26	1	Francesca Bevan	2	Remi Shah-Thornley
			3	Lucy Meech	4	Lucy Griffin

Bu15 4x300m

1	CDF	2.42.46	1	Joseph Coope-Franklin	2	Harvey Reynolds
			3	Harry Griffiths	4	Daniel John
2	CDA	2.58.08	1	Scott Dowell	2	Ethan Goode
			3	Edward King	4	James Penrose
3	SWA	2.58.13	1	Matt Humpreys	2	Steaffan Jones
			3	Dylan Andrews	4	Liam Griffiths
4	SWS	2.58.57	1	Ben Petherbridge	2	Rhidian Jenkins
			3	Nathan Lake	4	George Dun
5	CLT	3.08.10	1	Fraser Willmore	2	Archie Routledge
			3	Daniel Marshall	4	Luke Burden

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	SWS	1201	12	1	CDF	643.5	6	1	Swansea Harriers	1843	17
2	CDA	1084	9	2	SWS	642	5	2	Cardiff AAC	1716.5	15
3	CDF	1073	9	3	CDA	521.5	4	3	Cardiff Archers	1605.5	13
4	CLT	811.5	6	4	CLT	373	3	4	Cheltenham & County H	1184.5	9
5	SWA	656	4	5	SWA	300	2	5	South Wales	956	6
6	NSM	569.5	2	6	NSM	184	1	6	North Somerset AC	753.5	3

Note(s)

CDF Includes + 55pts,  
 CDA Includes + 30pts,  
 CLT Includes + 25pts,  
 NSM Includes + 30pts,  
 SWA Includes + 25pts,  
 SWS Includes + 55pts,



NON SCORING RESULTS

NS Bul3 100m race 1	Wind -1.7 m/s	NS Gul3 75m race 1	Wind -2.3 m/s
1 Louis Shugar-Rochefort	CDF 13.77	1 Seren Dowell	CDA 10.67
2 Dominic Turner	SWS 14.09	2 Gabby Dickinson	CDF 10.79
3 Tomos Broad	SWA 14.14	3 Olivia Sugarman	CDF 11.00
4 Jay Thorne	CDF 14.22	4 Mali Morse	SWA 11.38
5 Morgan Hubbarde	SWA 14.31	5 Maddie Cairns	CLT 11.49
6 Max Godden	CLT 14.65	6 Aimee Childs	SWA 11.54
7 Harry Beddall	CDA 14.80	7 Elin Murphy	SWS 11.91
8 Owain Clarke	SWS 14.83		
9 James Oldale	CLT 15.41		
NS Gul5 100m race 1	Wind -1.9 m/s	NS Gul3 800m	
1 Emanuelle Kone	CDF 13.55	1 Evi Cairns-Johnson	SWS 3.01.68
2 Sadie Graham-Mulvaney	CDF 14.21	2 Abbie Hall	SWS 3.02.46
3 Skye Jenkins Patron	SWA 14.34	3 Georgina Edwards	CDF 3.05.61
4 Hannah Dixon	SWA 14.39	4 Katie Gould	CDF 3.16.78
5 India Collinson	SWS 14.59		
6 Amerie Jones	CDA 14.97		
NS Gul5 800m		NS Bul5 100m race 1	
1 Beth Thomas	SWS 2.28.81	1 Ben Hillman	CDF 12.66
2 Maysie Briggs	CDF 2.42.96	2 Harry Owen	CDF 13.77
3 Lily Wheeler-Sexton	CDF 2.54.54	3 Nathan Lake	SWS 13.84
NS Bul3 800m			
1 Jack Johnson	CLT 2.44.72		