

T01 400m Hurdles U18 Men Trial

Pos	Bib	Athlete	Club	Trial Perf
1	214	Alastair CHALMERS	Guernsey Island AAC	52.93
2	366	Alexander KNIBBS	Amber Valley & Erewash AC	53.12
3	288	Joe FUGGLE	Tonbridge AC	53.93
4	296	Toby GLASS	Guernsey Island AAC	58.60

T02 400m Hurdles U20 Women Heats

UK Best: Shona Richards, Windsor Slough Eton & Hounslow, 56.16, 2014

CBP: Vicki Jamison, Lagan Valley AC, 57.27, 1996

2015 Champion: Katie PURVES, Edinburgh AC, 60.00

Pos	Bib	Athlete	Club	Heat 1 Perf	
1	876	Holly MCARTHUR	Whitemoss AAC	61.19	Q
2	840	Danel JANSEN-VAN-RENSBURG	Solihull & Small Heath AC	62.99	Q
3	856	Hannah KNIGHTS	Guildford & Godalming AC	64.11	Q
4	789	Chloe ESEGBONA	City of Stoke AC	64.64	q
5	804	Lilian GODDARD	Torbay AAC	64.72	q
6	754	Heather COOKE	Scunthorpe & District AC	64.82	
7	715	Zoe BENTON	Herts Phoenix AC	65.12	
8	801	Emma GILMOUR	Gateshead Harriers & AC	65.90	

Pos	Bib	Athlete	Club	Heat 2 Perf	
1	693	Chelsea WALKER	City of York AC	62.97	Q
2	732	Alice BYLES	Oxford City AC	63.77	Q
3	830	Katie HOLT	Reading AC	64.23	Q
4	1001	Chloe WILDE	Cannock & Stafford AC	64.98	
5	993	Katrina VIDZUPE	Reading AC	65.68	
6	757	Tameika CUFF	Trafford AC	67.03	
7	765	Harriet DAY	Medway & Maidstone AC	71.86	
DNF	802	Jenny GILMOUR	Gateshead Harriers & AC		

T03 400m Hurdles U23 Women Heats

UK Best: Sally Gunnell, Essex Ladies AC, 54.03, 1988

CBP: Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 55.34, 2009

2015 Champion: Shona RICHARDS, Windsor Slough Eton & H, 57.24

				Heat 1	
Pos	Bib	Athlete	Club	Perf	
1	882	Hayley MCLEAN	Chelmsford AC	61.26	Q
2	1006	Stephanie WILLIAMS	Herts Phoenix AC	61.77	Q
3	895	Anna NELSON	Inverness Harriers	64.19	Q
4	781	Lily EDMONDS	City Of Plymouth AC	66.02	q
DQ	727	Samantha BROWN	Dartford Harriers AC	Rule 168.7a	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	954	Georgina ROGERS	Birchfield Harriers	60.51	Q
2	748	Elisabeth CLIFFORD	Southampton AC	61.82	Q
3	922	Mhairi PATIENCE	Victoria Park City Of Glasgow	61.95	Q
4	749	Bethany CLOSE	Brighton & Hove AC	63.22	q

T04 400m Hurdles U20 Men Heats

UK Best: Richard Davenport, Gloucester AC, 50.20, 2004

CBP: Niall Flannery, Gateshead H, 51.07, 2009

2015 Champion: Jack LAWRIE, Woodford Green & Essex L, 51.84

				Heat 1	
Pos	Bib	Athlete	Club	Perf	
1	144	Ajibola ADEREMI	Victoria Park Harriers & Tower Hamlets A	54.55	Q
2	504	Bailey STICKINGS	Blackheath & Bromley Harriers AC	56.14	Q
3	305	Robert GREEN	Herts Phoenix AC	56.40	Q
4	534	Sam WALLBRIDGE	Guernsey Island AAC	58.15	q
5	128	Thomas MILLER	City Of Portsmouth AC	59.33	
6	577	Tyri DONOVAN	Epsom & Ewell Harriers	59.86	
DQ	150	Connor ALDRIDGE	Rugby & Northampton AC	Rule 168.7a	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	209	Niall CARNEY	Solihull & Small Heath AC	55.57	Q
2	220	Travis CHRISTIE	Wolverhampton & Bilston	56.30	Q
3	135	George VAUGHAN	Enfield & Haringey AC	58.15	Q
4	228	Rhys COLLINGS	Chelmsford AC	59.21	q
5	120	Cameron AMEDEE	Ashford AC	59.53	
6	178	Calum BEAUCHAMP	Walton AC		

T05 400m Hurdles U23 Men Heats

UK Best: Jack Green, Kent AC, 48.60, 2012

CBP: Nathan Woodward, Tamworth AC, 49.06, 2011, Jack Green, Kent AC, 49.06, 2011

2015 Champion: Jack HOUGHTON, City of Sheffield AC, 51.11

				Heat 1	
Pos	Bib	Athlete	Club	Perf	
1	376	Jack LAWRIE	Woodford Green AC with Essex Ladies	53.75	Q
2	546	James WEBSTER	Warrington A C	54.73	Q
3	413	Jack MESSENGER	Winchester & District AC	57.17	Q
4	331	Lewis HEFFERNAN	Medway & Maidstone AC	58.54	
5	160	Jack AVERY	Basildon AC	59.60	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	404	Chris MCALISTER	Thames Valley Harriers	52.21	Q
2	266	Ewan DYER	Woodford Green AC with Essex Ladies	54.46	Q
3	451	Sam PLUMB	Newbury AC	54.99	Q
4	482	Max SCHOPP	Stevenage & North Herts AC	55.35	q
5	256	Andrew DESMOND	Liverpool Harriers & AC	55.64	q

T06 1500m U20 Men Heats

UK Best: Graham Williamson, Springburn Harriers, 3:36.6, 1979

CBP: Graham Williamson, Springburn Harriers, 3:39.68, 1978

2015 Champion: Josh KERR, Edinburgh AC, 3:49.90

					Heat 1	
Pos	Bib	Athlete	Club		Perf	
1	335	Jake HEYWARD	Cardiff AAC		03:58.90	Q
2	250	Archie DAVIS	Brighton Phoenix		03:59.20	Q
3	339	Tom HOLDEN	South London Harriers		03:59.30	Q
4	247	Benjamin DAVIES	Bedford & County AC		03:59.30	Q
5	261	Tom DODD	Birchfield Harriers		04:00.30	q
6	407	James MCCRAE	Nene Valley Harriers		04:00.92	q
7	488	Jonathan SHIELDS	City of Sheffield & Dearne AC		04:05.14	
8	505	Daniel STIDDER	Brighton Phoenix		04:05.42	
9	183	Jake BERRY	Medway & Maidstone AC		04:06.69	
10	170	Jeremy BARNES	Coventry Godiva Harriers		04:06.77	
11	231	Piers COPELAND	Wimborne AC		04:10.17	
12	249	Iain DAVIES	Central AC		04:19.44	
DNF	346	Lascelles HUSSEY	Herne Hill Harriers			

					Heat 2	
Pos	Bib	Athlete	Club		Perf	
1	412	Ossama MESLEK	Leeds City AC		03:59.32	Q
2	595	Jamie WILLIAMSON	Loughborough Students AC		03:59.50	Q
3	573	William FULLER	Blackheath & Bromley Harriers AC		03:59.90	Q
4	268	Daniel EELES	Brighton Phoenix		03:59.94	Q
5	538	Archie WALTON	Taunton AC		04:00.46	q
6	204	Alex BURROWS	Telford AC		04:01.02	q
7	387	Jake LONSDALE	Preston Harriers		04:01.85	
8	291	George GATHERCOLE	Aldershot Farnham & District		04:02.94	
9	203	George BURNETT	Charnwood A C		04:04.86	
10	265	Christopher DURNEY	Preston Harriers		04:10.45	
11	580	Samuel MAHER	Jersey Spartan AC		04:14.02	
12	321	Alex HAMPSON	Nene Valley Harriers		04:19.16	
DNF	511	Sol SWEENEY	Perth Strathtay Harriers			

T07 1500m U23 Men Heats

UK Best: Steve Cram, Jarrow & H, 3:33.66, 1982

CBP: James Shane, Newham & Essex Beagles, 3:40.44, 2011

2015 Champion: Neil GOURLEY, Giffnock North AC, 3:56.60

Pos	Bib	Athlete	Club	Heat 1 Perf	
1	239	Jack CRABTREE	Aldershot Farnham & District	03:49.64	Q
2	200	Dominic BROWN	Tonbridge AC	03:49.76	Q
3	277	Michael FERGUSON	Aberdeen AAC	03:49.96	Q
4	278	Cameron FIELD	Liverpool Harriers & AC	03:50.01	Q
5	422	Douglas MUSSON	Notts AC	03:50.19	q
6	298	Bradley GOATER	Shaftesbury Barnet Harriers	03:50.43	q
7	237	John COVE	Cardiff AAC	03:51.03	q
8	566	Kieran WOOD	Cambridge & Coleridge AC	03:51.46	q
9	536	Daniel WALLIS	Guildford & Godalming AC	03:52.59	
10	318	Scott HALSTED	Bracknell AC	03:53.04	
11	323	Michael HARRISON	Bedford & County AC	04:02.71	
12	516	Ross TENNANT	Cambridge & Coleridge AC	04:07.89	
DNF	487	David SHELDON	City of Stoke AC		

Pos	Bib	Athlete	Club	Heat 2 Perf	
1	590	Stuart MCCALLUM	Winchester & District AC	03:51.58	Q
2	210	Josh CARR	Worcester AC	03:51.82	Q
3	444	William PAULSON	Stroud & District AC	03:51.88	Q
4	437	Chris OLLEY	Tonbridge AC	03:51.97	Q
5	568	Andrew WRIGHT	Willowfield Harriers	03:52.21	
6	561	Michael WILSON	Sunderland Harriers & AC	03:53.03	
7	226	Dale COLLEY	Central AC	03:53.70	
8	341	Niall HOLT	Southampton AC	03:55.42	
9	471	Kyran ROBERTS	Carmarthen Harriers	03:55.52	
10	310	Jamie GROSE	Poole AC	03:59.64	
11	506	James STOCKINGS	Woodford Green AC with Essex Ladies	04:02.03	
12	490	Andrew SMITH	Pudsey & Bramley AC	04:03.42	

T30 100m U20 Men Final

UK Best: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, WG & EL, 10.17, 2001, Tyrone Edgar, Woodford Green & Essex Ladies, 10.17, 2001

2015 Champion: Ojie Dayo EDOBURUN, Shaftesbury Barnet Harriers, 10.33

Pos	Bib	Athlete	Club	Final Perf	ws-0.8
1	83	Rechmial MILLER	Hercules Wimbledon AC	10.47	
2	55	Oliver BROMBY	Southampton AC	10.52	
3	80	Gerald MATTHEW	Shaftesbury Barnet Harriers	10.53	
4	97	Nicholas WALSH	Tipton Harriers	10.65	
5	51	Dominic ASHWELL	Shaftesbury Barnet Harriers	10.76	
6	91	Zanson PLUMMER	Shaftesbury Barnet Harriers	10.77	
7	76	Camron LYTTLE	Bexley AC	10.82	
8	73	Kristian JONES	Cardiff AAC	10.83	

T20 100m U20 Men Semi Finals

UK Best: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, WG & EL, 10.17, 2001, Tyrone Edgar, Woodford Green & Essex Ladies, 10.17, 2001

2015 Champion: Ojie Dayo EDOBURUN, Shaftesbury Barnet Harriers, 10.33

Pos	Bib	Athlete	Club	Perf	WS+2.6
1	83	Rechmial MILLER	Hercules Wimbledon AC	10.45	Q
2	73	Kristian JONES	Cardiff AAC	10.58	Q
3	76	Camron LYTTLE	Bexley AC	10.68	q
4	56	Kyron CANNY	Luton AC	10.77	
5	100	Jahde WILLIAMS	Hillingdon AC	10.84	
6	52	Daniel BEADSLEY	Halifax Harriers & AC	10.96	
7	86	Regan O'CONNELL	City of Sheffield & Dearne AC	11.03	
8	102	Tyler WILLIAMS	Newport Harriers	11.07	

Pos	Bib	Athlete	Club	Perf	WS+0.6
1	55	Oliver BROMBY	Southampton AC	10.52	Q
2	91	Zanson PLUMMER	Shaftesbury Barnet Harriers	10.59	Q
3	51	Dominic ASHWELL	Shaftesbury Barnet Harriers	10.68	q
4	99	Dami WILLIAMS	Jersey Spartan AC	10.85	
5	60	Eden DAVIS	Herts Phoenix AC	10.91	
6	84	Kamal MITCHELL	Thames Valley Harriers	11.03	
7	53	Niall BEVAN	Enfield & Haringey AC	11.16	
8	74	Tom KENWRIGHT	Worcester AC	11.19	

Pos	Bib	Athlete	Club	Perf	WS+0.6
1	97	Nicholas WALSH	Tipton Harriers	10.48	Q
2	80	Gerald MATTHEW	Shaftesbury Barnet Harriers	10.50	Q
3	72	Tyrese JOHNSON-FISHER	Croydon Harriers	10.79	
4	85	Andrew MORGAN-HARRISON	Kingston upon Hull AC	10.85	
5	59	Ryan COLES	Southampton AC	11.05	
6	93	Alfie ROWETT	Banbury Harriers AC	11.15	
7	63	Rico EWER	Rugby & Northampton AC	11.47	
DNS	87	Kesi OLUDOYI	Harrow AC		

T08 100m U20 Men Heats

UK Best: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, WG & EL, 10.17, 2001, Tyrone Edgar, Woodford Green & Essex Ladies, 10.17, 2001

2015 Champion: Ojie Dayo EDOBURUN, Shaftesbury Barnet Harriers, 10.33

				Heat 1	
Pos	Bib	Athlete	Club	Perf	ws+2.5
1	91	Zanson PLUMMER	Shaftesbury Barnet Harriers	10.62	Q
2	63	Rico EWER	Rugby & Northampton AC	10.69	Q
3	99	Dami WILLIAMS	Jersey Spartan AC	10.82	Q
4	53	Niall BEVAN	Enfield & Haringey AC	10.90	q
5	90	Keano - Elliott PARIS - SAMUEL	Thames Valley Harriers	11.05	
6	75	Olamide LANIHUN	Thames Valley Harriers	11.05	
7	71	Daniel JOHN	Thames Valley Harriers	11.29	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	ws+3.1
1	55	Oliver BROMBY	Southampton AC	10.59	Q
2	72	Tyrese JOHNSON-FISHER	Croydon Harriers	10.77	Q
3	87	Kesi OLUDOYI	Harrow AC	10.88	Q
4	93	Alfie ROWETT	Banbury Harriers AC	10.97	q
5	74	Tom KENWRIGHT	Worcester AC	11.00	q
6	57	Cameron CHALLIS	Windsor Slough Eton & Hounslow AC	11.07	
7	81	Matthew MBRIWA	Harrow AC	11.31	

				Heat 3	
Pos	Bib	Athlete	Club	Perf	ws+1.9
1	76	Camron LYTTLE	Bexley AC	10.77	Q
2	100	Jahde WILLIAMS	Hillingdon AC	10.88	Q
3	84	Kamal MITCHELL	Thames Valley Harriers	11.04	Q
4	49	Frank AHANON	Windsor Slough Eton & Hounslow AC	11.12	
5	64	Jordan FRANCIS	Thames Valley Harriers	11.25	
6	96	Charles TANKEH	Harlow AC	11.44	
DNS	92	Owen RICHARDSON	Basingstoke & Mid Hants AC		

				Heat 4	
Pos	Bib	Athlete	Club	Perf	ws+3.3
1	83	Rechmial MILLER	Hercules Wimbledon AC	10.43	Q
2	60	Eden DAVIS	Herts Phoenix AC	10.68	Q
3	85	Andrew MORGAN-HARRISON	Kingston upon Hull AC	10.82	Q
4	52	Daniel BEADSLEY	Halifax Harriers & AC	10.86	q
5	59	Ryan COLES	Southampton AC	10.93	q
6	78	Ben MATSUKA-WILLIAMS	City Of Norwich AC	11.20	
7	77	Alexander MARSDEN	Preston Harriers	11.22	

				Heat 5	
Pos	Bib	Athlete	Club	Perf	ws+1.7
1	80	Gerald MATTHEW	Shaftesbury Barnet Harriers	10.61	Q
2	73	Kristian JONES	Cardiff AAC	10.65	Q
3	56	Kyron CANNY	Luton AC	10.73	Q
4	102	Tyler WILLIAMS	Newport Harriers	11.05	q
5	95	Mohamed TAMBEDOU	Harlow AC	11.07	
6	70	Josiah HYACINTH	Coventry Godiva Harriers	11.10	
7	593	Drew MCINTYRE	Inverclyde AC	11.15	
8	94	Nilrem STEWART	Thames Valley Harriers	11.29	

				Heat 6	
Pos		Athlete	Club	Perf	ws+1.7
1	97	Nicholas WALSH	Tipton Harriers	10.61	Q
2	51	Dominic ASHWELL	Shaftesbury Barnet Harriers	10.79	Q
3	86	Regan O'CONNELL	City of Sheffield & Dearne AC	11.14	Q
4	68	Sam GRIFFIN	Middlesbrough AC (Mandale)	11.15	
5	54	Ollie BIDDLE	Worcester AC	11.25	
6	58	Jamal CHAMBERS	Dudley & Stourbridge Harriers	11.30	
7	98	Michael WATSON	Medway & Maidstone AC	11.31	

T28 100m U20 Women Final

UK Best: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

2015 Champion: Daryll NEITA, Shaftesbury Barnet Harriers, 11.40

				Final	
Pos	Bib	Athlete	Club	Perf	ws-0.5
1	644	Imani-Lara LANSIQUOT	Sutton & District AC	11.49	
2	627	Hannah BRIER	Swansea Harriers	11.65	
3	649	Alisha REES	Edinburgh AC	11.83	
4	622	Finette AGYAPONG	Newham & Essex Beagles AC	11.86	
5	659	Sophie YORKE	Cheltenham & County Harriers	11.96	
6	645	Megan MARRS	Windsor Slough Eton & Hounslow AC	11.98	
7	658	Jenna WRISBERG	Giffnock North AAC	11.99	
8	623	Gina AKPE-MOSES	Birchfield Harriers	12.01	

T18 100m U20 Women Semi Finals

UK Best: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

2015 Champion: Daryll NEITA, Shaftesbury Barnet Harriers, 11.40

				Semi 1	
Pos	Bib	Athlete	Club	Perf	ws+0.6
1	644	Imani-Lara LANSQUOT	Sutton & District AC	11.40	Q
2	645	Megan MARRS	Windsor Slough Eton & Hounslow AC	11.78	Q
3	632	Vera CHINEDU	Cambridge Harriers	11.92	
4	652	Molly SCOTT	St L. O'Toole AC	11.94	
5	633	Ashleigh CLARKE	Croydon Harriers	12.12	
6	648	Eleanor RAWSON	City of Sheffield AC	12.18	
7	637	Page FAIRCLOUGH	Shaftesbury Barnet Harriers	12.20	
8	646	Vivien OLATUNJI	Blackheath & Bromley Harriers AC	12.36	

				Semi 2	
Pos	Bib	Athlete	Club	Perf	ws+0.6
1	649	Alisha REES	Edinburgh AC	11.63	Q
2	658	Jenna WRISBERG	Giffnock North AAC	11.76	Q
3	623	Gina AKPE-MOSES	Birchfield Harriers	11.82	q
4	659	Sophie YORKE	Cheltenham & County Harriers	11.83	q
5	634	Jazz CRAWFORD	Blackheath & Bromley Harriers AC	12.06	
6	641	Selina HENDERSON	Falkirk Victoria Harriers	12.14	
7	629	Izzy BRYANT	Southampton AC	12.27	
8	654	Sharhnee SKERVIN	Notts AC	12.33	

				Semi 3	
Pos	Bib	Athlete	Club	Perf	ws+0.4
1	627	Hannah BRIER	Swansea Harriers	11.52	Q
2	622	Finette AGYAPONG	Newham & Essex Beagles AC	11.76	Q
3	624	Immanuela ALIU	Blackheath & Bromley Harriers AC	12.03	
4	650	Brittany ROBINSON	Thames Valley Harriers	12.09	
5	630	Ebony CARR	Marshall Milton Keynes AC	12.19	
6	640	Billie Jo HARRIS	Rotherham Harriers & AC	12.27	
7	1019	Yvette WESTWOOD	Gloucester AC	12.28	
8	639	Catherine HARDY	Gloucester AC	12.30	

T09 100m U20 Women Heats

UK Best: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

2015 Champion: Daryll NEITA, Shaftesbury Barnet Harriers, 11.40

					Heat 1	
Pos	Bib	Athlete	Club	Perf	ws+2.5	
1	649	Alisha REES	Edinburgh AC	11.56	Q	
2	630	Ebony CARR	Marshall Milton Keynes AC	11.95	Q	
3	640	Billie Jo HARRIS	Rotherham Harriers & AC	12.06	Q	
4	633	Ashleigh CLARKE	Croydon Harriers	12.08	Q	
5	654	Sharhnee SKERVIN	Notts AC	12.19	q	
6	643	Darcey KUYPERS	Medway & Maidstone AC	12.43		
7	651	Sherique RUDDOCK	Thames Valley Harriers	13.13		

					Heat 2	
Pos	Bib	Athlete	Club	Perf	ws+1.4	
1	627	Hannah BRIER	Swansea Harriers	11.60	Q	
2	624	Immanuela ALIU	Blackheath & Bromley Harriers AC	11.97	Q	
3	652	Molly SCOTT	St L. O'Toole AC	12.00	Q	
4	646	Vivien OLATUNJI	Blackheath & Bromley Harriers AC	12.13	Q	
5	642	Parris JOHNSON	Blackheath & Bromley Harriers AC	12.35		
6	656	Ffion WADDON	Newport Harriers	12.53		
7	631	Ella CHALMERS	Worthing & District Harriers	12.72		

					Heat 3	
Pos	Bib	Athlete	Club	Perf	ws+1.6	
1	644	Imani-Lara LANSIQUOT	Sutton & District AC	11.25	Q	
2	645	Megan MARRS	Windsor Slough Eton & Hounslow AC	11.72	Q	
3	637	Page FAIRCLOUGH	Shaftesbury Barnet Harriers	12.02	Q	
4	629	Izzy BRYANT	Southampton AC	12.30	Q	
5	625	Kristal AWUAH	Herne Hill Harriers	12.30		
6	636	Leanza DWAAH	Enfield & Haringey AC	12.52		
7	635	Tia DEVLIA	Birchfield Harriers	12.62		

					Heat 4	
Pos	Bib	Athlete	Club	Perf	ws+3.6	
1	622	Finette AGYAPONG	Newham & Essex Beagles AC	11.71	Q	
2	632	Vera CHINEDU	Cambridge Harriers	11.81	Q	
3	658	Jenna WRISBERG	Giffnock North AAC	11.85	Q	
4	650	Brittany ROBINSON	Thames Valley Harriers	11.92	Q	
5	648	Eleanor RAWSON	City of Sheffield AC	12.25	q	
6	638	Lauren GREIG	Glasgow School of Sport	12.60		

Heat 5

Under 23 & Under 20 CHAMPIONSHIPS

18 & 19 JUNE 2016 @ BEDFORD ATHLETICS STADIUM

Pos	Bib	Athlete	Club	Perf	ws+3.1
1	623	Gina AKPE-MOSES	Birchfield Harriers	11.74	Q
2	659	Sophie YORKE	Cheltenham & County Harriers	11.85	Q
3	634	Jazz CRAWFORD	Blackheath & Bromley Harriers AC	12.02	Q
4	641	Selina HENDERSON	Falkirk Victoria Harriers	12.04	Q
5	639	Catherine HARDY	Gloucester AC	12.06	q
6	1019	Yvette WESTWOOD	Gloucester AC	12.10	q
7	653	Modupe SHOKUNBI	Blackheath & Bromley Harriers AC	12.37	

T29 100m U23 Men Final

UK Best: Chijindu Ujah, Enfield & Haringey, 9.96, 2014

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

2015 Champion: Josh COX, Bedford & County AC, 10.39

Pos	Bib	Athlete	Club	Perf	Final	ws-0.5
1	43	Adam THOMAS	Bracknell AC	10.50		
2	17	Samuel GORDON	Cardiff AAC	10.51		
3	45	Ronnie WELLS	Yeovil Olympiads AC	10.57		
4	10	Anaximandro DASILVA	Cardiff AAC	10.66		
5	3	Reuben ARTHUR	Enfield & Haringey AC	10.71		
6	15	Nathan GILBERT	Windsor Slough Eton & Hounslow AC	10.73		
DQ	9	Josh COX	Bedford & County AC		Rule 162.7	
DNS	8	Andrew COUSINS	Birchfield Harriers			

T19 100m U23 Men Semi Finals

UK Best: Chijindu Ujah, Enfield & Haringey, 9.96, 2014

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

2015 Champion: Josh COX, Bedford & County AC, 10.39

Pos	Bib	Athlete	Club	Perf	Semi 1	ws+0.3
1	43	Adam THOMAS	Bracknell AC	10.51		Q
2	9	Josh COX	Bedford & County AC	10.59		Q
3	10	Anaximandro DASILVA	Cardiff AAC	10.59		Q
4	3	Reuben ARTHUR	Enfield & Haringey AC	10.64		q
5	35	Jamal-Marcus RHODEN-STEVENS	Shaftesbury Barnet Harriers	10.74		
6	14	Theo ETIENNE	Hercules Wimbledon AC	10.77		
7	13	Joseph DEWAR	Woodford Green AC with Essex Ladies	10.83		
8	29	Salim MUHAMMAD	Harrow AC	10.86		

Pos	Bib	Athlete	Club	Perf	Semi 2	ws+1.1
1	17	Samuel GORDON	Cardiff AAC	10.45		Q
2	45	Ronnie WELLS	Yeovil Olympiads AC	10.57		Q
3	21	Elliott HURLEY	City of Sheffield & Dearne AC	10.60		Q
4	15	Nathan GILBERT	Windsor Slough Eton & Hounslow AC	10.63		q
5	6	Leroy CAIN	Thames Valley Harriers	10.67		
6	37	Mutara SHERIFF	St Mary's Richmond AC	10.80		
7	46	Thomas WILLIAMS	Barry & Vale Harriers	10.83		
8	5	Jordan BROOME	Coventry Godiva Harriers	10.88		

T10 100m U23 Men Heats

UK Best: Chijindu Ujah, Enfield & Haringey, 9.96, 2014

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

2015 Champion: Josh COX, Bedford & County AC, 10.39

Heat 1					
Pos	Bib	Athlete	Club	Perf	ws+1.8
1	9	Josh COX	Bedford & County AC	10.45	Q
2	43	Adam THOMAS	Bracknell AC	10.47	Q
3	15	Nathan GILBERT	Windsor Slough Eton & Hounslow AC	10.58	Q
4	35	Jamal-Marcus RHODEN-STEVENSON	Shaftesbury Barnet Harriers	10.74	q
5	27	Karl MCCLEAN	City of Lisburn AC	11.03	
6	40	Jordan SPENCE	Corby AC	11.07	
7	28	Gift MCLAREN	South London Harriers	11.25	
DNS	44	Daniel WALSH	Gateshead Harriers & AC		
Heat 2					
Pos	Bib	Athlete	Club	Perf	ws+1.8
1	21	Elliott HURLEY	City of Sheffield & Dearne AC	10.56	Q
2	6	Leroy CAIN	Thames Valley Harriers	10.58	Q
3	37	Mutara SHERIFF	St Mary's Richmond AC	10.68	Q
4	46	Thomas WILLIAMS	Barry & Vale Harriers	10.68	q
5	5	Jordan BROOME	Coventry Godiva Harriers	10.71	q
6	30	Daniel ODERINDE	Marshall Milton Keynes AC	10.80	
7	34	Mark PRENTICE	Cardiff AAC	11.10	
8	39	Ishmael SMITH-JOHN	Blackheath & Bromley Harriers AC	11.34	
Heat 3					
Pos	Bib	Athlete	Club	Perf	ws+2.0
1	13	Joseph DEWAR	Woodford Green AC with Essex Ladies	10.59	Q
2	10	Anaximandro DASILVA	Cardiff AAC	10.64	Q
3	29	Salim MUHAMMAD	Harrow AC	10.71	Q
4	25	Jack LAWRENCE	Birchfield Harriers	10.77	
5	1	Shad-Marc AARON	Birchfield Harriers	10.92	
6	4	Adam BAILEY	Barrow & Furness Striders AC	11.07	
7	26	Sean LODOVICA	Shaftesbury Barnet Harriers	11.46	
Heat 4					
Pos	Bib	Athlete	Club	Perf	ws+2.0
1	45	Ronnie WELLS	Yeovil Olympiads AC	10.46	Q
2	17	Samuel GORDON	Cardiff AAC	10.50	Q
3	3	Reuben ARTHUR	Enfield & Haringey AC	10.52	Q
4	14	Theo ETIENNE	Hercules Wimbledon AC	10.67	q
5	12	Jake DAWKINS	Cardiff AAC	10.94	
6	33	Kyle POTTER	West Suffolk AC	10.96	
7	18	Andy GRIMWOOD	Worcester AC	11.09	
8	44	Daniel WALSH	Gateshead Harriers & AC	11.16	Rule 125.5

T11 400m U23 Men Heats

UK Best: David Grindley, Wigan, 44.47, 1992

CBP: Nigel Levine, Windsor Slough Eton & Hounslow AC, 45.85, 2011

2015 Champion: David HALL, Dartford Harriers AC, 47.27

					Heat 1	
Pos	Bib	Athlete	Club	Perf		
1	493	Owen SMITH	Cardiff AAC	47.57		Q
2	465	Joseph REID	Cardiff AAC	47.91		Q
3	363	Joseph KINSEY	Birchfield Harriers	48.34		q
4	328	Sam HAZEL	Shaftesbury Barnet Harriers	49.19		
5	259	Reece DIMECH	Medway & Maidstone AC	49.83		
6	531	Frano VAINIO-DOISEUL	Cambridge Harriers	50.86		
7	202	Eoghan BUGGY	St Abbans AC	51.05		

					Heat 2	
Pos	Bib	Athlete	Club	Perf		
1	557	Mark WILLIAMS	University of Birmingham AC & XC Club	48.08		Q
2	166	Niclas BAKER	Crawley AC	48.86		Q
3	176	Marcus BAYONA-MARTINEZ	Brecon AC	49.26		
4	479	Simbarashe RWAMBIWA	Birchfield Harriers	49.57		
5	195	Declan BRENNAN	Pitreavie AAC	49.66		
6	473	Jamie ROBINSON	Southampton AC	50.08		

					Heat 3	
Pos	Bib	Athlete	Club	Perf		
1	552	Jack WIGHTMAN	Newquay & Par AC	48.11		Q
2	489	Robert SHIPLEY	City of York AC	48.87		Q
3	236	Mark COTTAM	Bristol & West AC	49.17		q
4	146	Krishawn AIKEN	Enfield & Haringey AC	49.69		
5	589	Jason HOYLE	Oldham & Royston Harriers	49.91		
6	303	Daniel GRAY	Woodford Green AC with Essex Ladies	51.15		

T12 400m U23 Women Heats

UK Best: Christine Ohuruogu, Newham & Essex Beagles, 50.28, 2006

CBP: Christine Ohuruogu, Newham & Essex Beagles, 52.43, 2005

2015 Champion: Kirsten MCASLAN, Sale Harriers Manchester, 53.54

					Heat 1	
Pos	Bib	Athlete	Club	Perf		
1	769	Rachel DICKENS	Blackheath & Bromley Harriers AC	54.83		Q
2	733	Olivia CAESAR	Swansea Harriers	55.33		Q
3	992	Holly TURNER	Crawley AC	56.71		
4	717	Loren BLEAKEN	Birchfield Harriers	56.84		
5	886	Nessa MILLET	Loughborough Students AC	57.13		
6	819	Lizzie HARRIS	Cardiff AAC	57.82		
7	841	Amy JARAMAZOVIC	Andover AC	58.38		

					Heat 2	
Pos	Bib	Athlete	Club	Perf		
1	899	Lina NIELSEN	Enfield & Haringey AC	54.27		Q
2	852	Nicole KENDALL	Kingston AC & Poly Harriers	55.58		Q
3	826	Amy HILLYARD	Birchfield Harriers	55.72		q
4	768	Alice DESFORGES	Notts AC	55.72		q
5	774	Rachel DONNISON	Cardiff AAC	56.71		
6	1014	Lindsey YOUNG	Banchory Stonehaven AC	59.39		
7	949	Sydney ROBERTSON	Gateshead Harriers & AC	60.44		

					Heat 3	
Pos	Bib	Athlete	Club	Perf		
1	855	Jessie KNIGHT	Windsor Slough Eton & Hounslow AC	55.10		Q
2	736	Nikita CAMPBELL-SMITH	Birchfield Harriers	55.91		Q
3	705	Sabrina BAKARE	Shaftesbury Barnet Harriers	56.19		
4	914	Melissa OWUSU-ANSAH	Blackheath & Bromley Harriers AC	56.92		
5	1013	Georgia YEARBY	Leeds City AC	57.16		
6	972	Abbey STANLEY	Rotherham Harriers & AC	58.57		

T13 400m U20 Men Heats

UK Best: Martyn Rooney, Croydon Harriers, 45.35, 2006

CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991

2015 Champion: Freddie OWSLEY, Bristol & West AC, 48.56

					Heat 1
Pos	Bib	Athlete	Club	Perf	
1	584	Alex HAYDOCK-WILSON	Windsor Slough Eton & Hounslow AC	48.02	Q
2	564	Connor WOOD	Leeds City AC	48.10	Q
3	521	Lee THOMPSON	Rotherham Harriers & AC	48.11	q
4	201	Lewis BROWN	Cumbernauld AAC	48.53	
5	336	Jack HOCKING	Worcester AC	49.38	
6	182	Tor BENNETT WILLIAMS	Wolverhampton & Bilston	49.95	
7	282	Ciaran FLAHERTY	Cambridge & Coleridge AC	50.57	
8	368	Nimi KOLADE	Hercules Wimbledon AC	50.83	

					Heat 2
Pos	Bib	Athlete	Club	Perf	
1	215	Cameron CHALMERS	Guernsey Island AAC	47.58	Q
2	223	Ben CLARIDGE	White Horse Harriers	47.90	Q
3	472	Psalm ROBERTS-NASH	Wolverhampton & Bilston	48.09	q
4	435	Michael OKU-AMPOFO	Newham & Essex Beagles AC	49.32	
5	480	Ashley SANDALL	Nene Valley Harriers	49.71	
6	383	Blaine LEWIS-SHALLOW	Reading AC	49.95	
7	147	Thomas AINSWORTH	Tamworth AC	49.95	

					Heat 3
Pos	Bib	Athlete	Club	Perf	
1	304	Ellis GREATREX	Wolverhampton & Bilston	47.47	Q
2	92	Owen RICHARDSON	Basingstoke & Mid Hants AC	47.59	Q
3	196	Joseph BRIER	Swansea Harriers	48.21	
4	169	Scott BARKER	Andover AC	48.53	
5	483	Ocean SCHWARTZ	Blackheath & Bromley Harriers AC	49.09	
6	474	Joseph ROGERS	Halesowen ACC	49.12	
7	498	Emmanuel SOSANYA	Newham & Essex Beagles AC	49.67	

T14 400m U20 Women Heats

UK Best: Linsey MacDonald, Pitreavie AC, 51.16, 1980

CBP: Cheriece Hylton, Blackheath & Bromley AC, 53.54, 2015

2015 Champion: Cheriece HYLTON, Blackheath & Bromley AC, 53.54

					Heat 1
Pos	Bib	Athlete	Club	Perf	
1	711	Ella BARRETT	Chesterfield & District AC	55.00	Q
2	712	Lily BECKFORD	Shaftesbury Barnet Harriers	55.44	Q
3	764	Megan DAVIES	Cannock & Stafford AC	56.55	q
4	941	Amelia REYNOLDS	Cardiff AAC	56.97	
5	803	Vicky GITTINS	Birchfield Harriers	57.21	
6	990	Chloe THORNTON	Enfield & Haringey AC	59.43	
7	745	Belinda CLARK	City of Norwich AC	60.35	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	1003	Hannah WILLIAMS	Herts Phoenix AC	54.14	Q
2	742	Jill CHERRY	Victoria Park City Of Glasgow	56.23	Q
3	812	Emily HACK	Herts Phoenix AC	57.04	
4	710	Harriet COOPER	Charnwood A C	57.83	
5	701	Nastassja ALLIN	Enfield & Haringey AC	58.22	
DNS	938	Catherine REID	Manx Harriers		

				Heat 3	
Pos	Bib	Athlete	Club	Perf	
1	947	Melissa ROBERTS	Cardiff AAC	55.78	Q
2	976	Kelsey STEWART	Aberdeen AAC	56.01	Q
3	957	Lauren RUSSELL	Bedford & County AC	56.32	q
4	969	Mia SPENCE	Notts AC	56.84	
5	906	Rebecca O'HARA	Tonbridge AC	57.68	
6	706	Ellie BANDY	Herts Phoenix AC	58.80	

T15 3000m U20 Men Straight Final

UK Best: Jon Richards, Cornwall AC, 7:48.28, 1983

CBP: Paul Davies-Hale, Cannock & Staffs AC, 7:59.55, 1984

2015 Champion:

				Final	
Pos	Bib	Athlete	Club	Perf	
1	225	Gus COCKLE	Aldershot Farnham & District	08:20.35	
2	508	Paulos SURAFEL	Enfield & Haringey AC	08:24.40	
3	362	Alasdair KINLOCH	Tonbridge AC	08:29.14	
4	148	Isaac AKERS	Corby AC	08:30.15	
5	177	Scott BEATTIE	Morpeth Harriers & AC	08:31.46	
6	420	Tom MORTIMER	Stroud AC	08:33.89	
7	511	Sol SWEENEY	Perth Strathtay Harriers	08:34.51	
8	254	Jamie DEE	Shaftesbury Barnet Harriers	08:39.07	
9	308	Gareth GRIFFITHS	Tipton Harriers	08:43.06	
10	548	Neil WELLARD	Kingston AC & Poly Harriers	08:49.81	
11	316	Harry HALFORD	Wolverhampton & Bilston	08:52.23	
12	139	Ahmed ABDULLE	Ilford AC	08:56.10	
13	455	Harry POWELL	Kingston upon Hull AC	09:07.91	
14	273	Mukhtar FARAH	Ealing Southall & Middlesex AC	09:12.09	

T16 800m U23 Men Heats

UK Best: Sebastian Coe, Haringey AC, 1:43.97, 1978

RE-ISSUE

CBP: Richard Hill, Notts AC, 1:47.59, 2007

2015 Champion: Charlie GRICE, Phoenix AC, 1:50.05

				Heat 1	
Pos	Bib	Athlete	Club	Perf	
1	371	Nicholas LANDEAU	Ealing Eagles Running Club	01:54.31	Q
2	300	Jack GOOCH	Swansea Harriers	01:54.35	Q
3	149	Nzimah AKPAN	Liverpool Harriers & AC	01:54.42	Q
4	463	Louis RAWLINGS	Cambridge & Coleridge AC	01:54.52	
5	156	Nicholas ARMSTRONG	Bexley AC	01:55.52	
6	255	Massi DENDANI	Bedford & County AC	01:56.34	
7	245	Jonathan CURRIE	Tynedale Harriers & AC	01:58.91	
8	161	Adrian BAILES	Birtley AC	01:59.38	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	293	Elliot GILES	Birchfield Harriers	01:51.33	Q
2	370	Joseoh LANCASTER	City of Sheffield & Dearne AC	01:51.67	Q
3	260	Ed DODD	Eastbourne Rovers AC	01:51.72	Q
4	567	Adam WRIGHT	Rugby & Northampton AC	01:52.14	q
5	515	Patrick TAYLOR	Vale Of Aylesbury AC	01:52.37	q
6	167	Charlie BALDWIN	Crawley AC	01:57.57	
7	364	Conall KIRK	Lagan Valley AC	01:58.40	
DNS	566	Kieran WOOD	Cambridge & Coleridge AC		

T27 100m U23 Women Final

UK Best: Dina Asher-Smith, Blackheath & Bromley AC, 10.99, 2015

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

2015 Champion: Lukesha MORRIS, Windsor Slough Eton & H, 11.74

				Final	
Pos	Bib	Athlete	Club	Perf	ws-0.2
1	617	Clieo STEPHENSON	Thames Valley Harriers	11.73	
2	619	Diani WALKER	Birchfield Harriers	11.85	
3	1009	Steffi WILSON	Shaftesbury Barnet Harriers	12.05	
4	609	Chloe LAMBERT	Victoria Park City Of Glasgow	12.14	
5	618	Bethan WAKEFIELD	Bristol & West AC	12.15	
6	613	Katie-Jane PRIEST	Newport Harriers	12.22	
7	602	Rachel BELL	Cleethorpes & District AC	12.25	
DNS	612	Sophie PAPPS	Windsor Slough Eton & Hounslow AC		

T17 100m U23 Women Heats

UK Best: Dina Asher-Smith, Blackheath & Bromley AC, 10.99, 2015

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

2015 Champion: Lukesha MORRIS, Windsor Slough Eton & H, 11.74

				Heat 1	
Pos	Bib	Athlete	Club	Perf	ws+0.5
1	612	Sophie PAPPS	Windsor Slough Eton & Hounslow AC	11.31	Q
2	1009	Steffi WILSON	Shaftesbury Barnet Harriers	11.98	Q
3	613	Katie-Jane PRIEST	Newport Harriers	12.01	q
4	603	Tabita BOTULI	Hercules Wimbledon AC	12.43	
5	601	Stephanie ADDISON	Gateshead Harriers & AC	12.47	
6	604	Abi DAVIES	Southampton AC	12.48	

				Heat 2	
Pos	Bib	Athlete	Club	Perf	ws+1.2
1	617	Cleio STEPHENSON	Thames Valley Harriers	11.74	Q
2	609	Chloe LAMBERT	Victoria Park City Of Glasgow	12.14	Q
3	602	Rachel BELL	Cleethorpes & District AC	12.20	q
4	615	Natasha SEGAL	Birchfield Harriers	12.27	
5	605	D'Arcy-Lee DAWSON	Liverpool Harriers & AC	12.50	

				Heat 3	
Pos	Bib	Athlete	Club	Perf	ws+0.9
1	619	Diani WALKER	Birchfield Harriers	11.77	Q
2	618	Bethan WAKEFIELD	Bristol & West AC	12.05	Q
3	606	Michaela GINGER	Southampton AC	12.32	
4	610	Alison MCCORRY	Loughborough Students AC	12.33	
5	620	Hannah WATSON	Newark AC	12.46	
6	614	Jatila REAVILL-BLAKE	Windsor Slough Eton & Hounslow AC	12.47	

T21 5000m U23 Men Straight Final

UK Best: Tom Farrell, Border Harriers, 13:15.31, 2012

CBP: Mo Farah, Windsor Slough Eton & Hounslow AC 13:58.58, 2003

2015 Champion: Jonathan DAVIES, Reading AC, 14:38.23

Pos	Bib	Athlete	Club	Final Perf
1	242	Phillip CROUT	Shaftesbury Barnet Harriers	14:06.13
2	527	Abel TSGAY	Invicta East Kent AC	14:07.68
3	241	Ellis CROSS	Aldershot Farnham & District	14:20.02
4	221	William CHRISTOFI	Bristol & West AC	14:22.83
5	257	Patrick DEVER	Preston Harriers	14:26.77
6	390	Christian LOVATT	Swansea Harriers	14:31.37
7	297	Jonathan GLEN	Inverclyde AC	14:40.09
8	227	Jonathan COLLIER	Harrow AC	14:53.04
9	554	Joe WILKINSON	Lincoln Wellington AC	14:54.09
10	243	Jamie CROWE	Central AC	14:55.10
11	345	Iolo HUGHES	Sale Harriers Manchester	14:58.64
12	558	Matthew WILLIAMS	Notts AC	14:59.12
13	499	Adam SPEAKE	Bristol & West AC	14:59.77
14	542	Bradley WATTLEWORTH	Woodford Green AC with Essex Ladies	15:08.76
15	165	Tom BAINS	Hallamshire Harriers Sheffield	15:14.85
16	157	Matthew ARNOLD	Aldershot Farnham & District	15:18.26
17	253	Corey DE 'ATH	Tonbridge AC	15:26.65

T22 800m U20 Women Heats

UK Best: Charlotte Moore, Bournemouth AC, 1:59.75, 2002

CBP: Laura Finucane, Pendle AC, 2:03.73, 2004

2015 Champion: Molly LONG, Bristol & West AC, 2:07.37

				Heat 1	
Pos	Bib	Athlete	Club	Perf	
1	832	Millie HOWARD	Harrogate Harriers & AC	02:10.57	Q
2	936	Jemma REEKIE	Kilbarchan AAC	02:10.83	Q
3	989	Emily THOMPSON	Banbury Harriers AC	02:10.90	Q
4	891	Laura MULLIN	Charnwood A C	02:11.56	q
5	816	Taylor HAMMOND	Barnsley AC	02:15.02	q
6	919	Isobel PARRY-JONES	Cwmbran Harriers	02:16.30	
7	734	Hannah CAMERON	Edinburgh AC	02:26.78	
				Heat 2	
Pos	Bib	Athlete	Club	Perf	
1	739	Charlotte CAYTON-SMITH	Cornwall AC	02:14.23	Q
2	719	Isabelle BOFFEY	Enfield & Haringey AC	02:14.43	Q
3	730	Sophie BURNETT	Birtley AC	02:14.80	Q
4	744	Anna CLARK	Woodford Green AC with Essex Ladies	02:16.79	
5	791	Sarah EUNSON	Giffnock North AAC	02:17.32	
DNS	998	Ellie WELCH	Corby AC		

T23 800m U20 Men Heats

UK Best: David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010

2015 Champion: Kyle LANGFORD, Shaftesbury Barnet Harriers, 1:50.80

					Heat 1	
Pos	Bib	Athlete	Club	Perf		
1	306	Ben GREENWOOD	Perth Strathtay Harriers	01:52.85	Q	
2	295	Nathan GILLIS	Team Kennet Triathlon & AC	01:53.40	Q	
3	443	Omar PARSONS	Shaftesbury Barnet Harriers	01:54.00		
4	559	Matthew WILLIAMS	Pembrokeshire Harriers	01:54.45		
5	292	Aidan GILBRIDE	East Kilbride AC	01:54.71		
6	285	James FRADLEY	Newcastle Staffs AC	01:54.96		
7	180	Jonathon BEHARRELL	Kingston upon Hull AC	01:57.27		
DNS	555	Christy WILLIAMS	West Suffolk AC			

					Heat 2	
Pos	Bib	Athlete	Club	Perf		
1	476	Daniel ROWDEN	Woodford Green AC with Essex Ladies	01:52.19	Q	
2	388	Markhim LONSDALE	Crook & Dist Sports AC	01:52.54	Q	
3	184	Finley BIGG	Brighton Phoenix	01:52.75	q	
4	224	Timothy COBDEN	Cambridge & Coleridge AC	01:55.18		
5	523	Aaron THORPE	City of Sheffield & Dearne AC	01:56.08		
6	408	Jethro MCGRAW	Amber Valley & Erewash AC	01:56.57		
7	394	Michael MACMILLAN	Stornoway Running & AC	01:58.70		
8	287	Oliver FREER	Leicester Coritanian AC	01:59.42		

					Heat 3	
Pos	Bib	Athlete	Club	Perf		
1	417	George MILLS	Harrogate Harriers & AC	01:50.86	Q	
2	518	Spencer THOMAS	Brighton Phoenix	01:51.21	Q	
3	497	Canaan SOLOMON	Woodford Green AC with Essex Ladies	01:51.77	q	
4	171	Robbie BARR	Victoria Park City Of Glasgow	01:53.75		
5	502	Cameron STEVEN	Lasswade AC	01:55.73		
6	313	James HABERGHAM	Halifax Harriers & AC	01:56.29		
7	358	Sam JONES	St Albans AC	01:56.57		
8	528	Joseph TUFFIN	Rushcliffe AC	01:57.09		

T24 1500m U20 Women Final

UK Best: Zola Budd, Aldershot Farnham & District AC, 3:59.96, 1985

CBP: Bobby Clay, Invicta & EK, 4:16.29, 2015

2015 Champion: Bobby CLAY, Invicta East Kent AC, 4:16.30

Pos	Bib	Athlete	Club	Final Perf
1	747	Bobby CLAY	Invicta East Kent AC	04:18.25
2	857	Harriet KNOWLES-JONES	Warrington A C	04:22.08
3	965	Sabrina SINHA	Cambridge Harriers	04:26.04
4	849	Jodie JUDD	Chelmsford AC	04:26.90
5	814	Bryony HAINES	Birchfield Harriers	04:27.59
6	827	Amy HINCHLY	Vale Royal AC	04:31.38
7	977	Philippa STONE	Middlesbrough AC (Mandale)	04:32.12
8	962	Chloe SHARP	Dartford Harriers AC	04:33.35
9	851	Jessica KEENE	Blackheath & Bromley Harriers AC	04:37.29
10	718	Lydia BLYTHE	Reading AC	04:40.41
11	861	Ellie LEATHER	Yate & District AC	04:40.65

T25 3000m s/c U20 Men Straight Final

UK Best: Paul Davies-Hale, Cannock AC, 8:29.85, 1981

CBP: Benedict Whitby, Borough of Hounslow AC, 8:59.09, 1996

2015 Champion: Declan MCMANUS, Worcester AC, 9:05.53

Pos	Bib	Athlete	Club	Final Perf
1	175	William BATTERSHILL	Erme Valley Harriers	09:06.86
2	415	John MILLAR	Ipswich Harriers	09:09.54
3	551	Billy WHITE	Brighton Phoenix	09:20.37
4	381	Ciaran LEWIS	Cardiff AAC	09:31.44
5	468	Cameron RICHARDSON	Cumbernauld AAC	10:17.72

T26 3000m s/c U23 Men Straight Final

UK Best: Tom Hanlon, Edinburgh AC, 8:16.52, 1989

CBP: Adam Bowden, Harrow AC, 8:42.92, 2003

2015 Champion: Ryan DRISCOLL, Tonbridge AC, 8:58.93

Pos	Bib	Athlete	Club	Final Perf
1	372	Harry LANE	Bristol & West AC	08:59.90
2	342	Alex HOWARD	Tonbridge AC	09:02.48
3	575	Daniel JARVIS	Liverpool Harriers & AC	09:05.55
4	159	Tom AUSTIN	Poole AC	09:07.92
5	533	Adam VISOKAY	Stockport HTC - USA	09:08.01
6	263	Jack DOUGLAS	Bedford & County AC	09:22.07
7	519	Aidan THOMPSON	Central AC	09:25.72
8	173	Michael BARTRAM	West Suffolk AC	09:40.24
9	217	Miles CHANDLER	Bristol & West AC	09:40.52
10	375	Andrew LAWLER	Shaftesbury Barnet Harriers	18:06.84
11	485	Cameron SHANKLY	Birchfield Harriers	10:08.02
12	235	Max COSTLEY	Southampton AC	10:09.34

Under 23 & Under 20 CHAMPIONSHIPS

18 & 19 JUNE 2016 @ BEDFORD ATHLETICS STADIUM

F06 Triple Jump U23 Men Final

UK Best: Tosi Fasinro, Haringey AC, 17.21m, 1993

CBP: Nathan Douglas, Oxford City AC, 16.42m, 2004

Pos	Bib	Athlete	Club	Perf	
1	427	Montel NEVERS	Notts AC	15.62	+2.1
2	530	Efe UWAIFO	Enfield & Haringey AC	15.42	+2.2
3	240	Chuko CRIBB	Marshall Milton Keynes AC	15.21	+0.0
4	251	Lawrence DAVIS	Enfield & Haringey AC	15.02	+0.9
5	509	Robert SUTHERLAND	Wycombe Phoenix Harriers & AC	14.99	+0.8
6	312	Lewis GUEST	Yeovil Olympiads AC	14.75	+0.6
7	594	Oluwaseun OKOME	Sale Harriers Manchester	14.55	+1.6
8	189	Cage BOONS	Rugby & Northampton AC	14.34	+1.4
9	349	Armani JAMES	Leicester Coritnian AC	13.95	+2.2
10	151	Alando ALFRED	Shaftesbury Barnet Harriers	13.40	+1.8

F08 Discus U23 Men Final

UK Best: Lawrence Okoye, Croydon H, 68.24m, 2012

CBP: Lawrence Okoye, Croydon H, 63.66m, 2012

Pos	Bib	Athlete	Club	Perf
1	448	Nicholas PERCY	Shaftesbury Barnet Harriers	58.62
2	520	Gregory THOMPSON	Shaftesbury Barnet Harriers	55.39
3	442	Alexander PARKINSON	New Zealand	55.36
4	283	Daniel FLEMING	City of York AC	45.62
5	286	Forrest FRANCIS	Leicester Coritnian AC	45.23
6	138	Niklas AARRE	Birchfield Harriers	43.88
7	424	Tomasz NAPIORKOWSKI	Banbury Harriers AC	43.58
8	569	Fraser WRIGHT	Gateshead Harriers & AC	41.56

F05 Hammer U20 Women Final

UK Best: Sophie Hitchon, Blackburn Harriers, 66.01m, 2010

CBP: Sophie Hitchon, Blackburn Harriers, 63.74m, 2010

Pos	Bib	Athlete	Club	Perf
1	850	Rebecca KEATING	Shaftesbury Barnet Harriers	57.68
2	760	Philippa DAVENALL	Colchester Harriers AC	54.86
3	996	Michaela WALSH	Swinford AC	54.37
4	858	Katie LAMBERT	Kidderminster & Stourport	53.59
5	907	Maggie OKUL	Kingston upon Hull AC	52.93
6	952	Holly RODGERS	Rotherham Harriers & AC	50.06
7	709	Alice BARNSDALE	Lincoln Wellington AC	49.31
8	824	Amy HERRINGTON	Windsor Slough Eton & Hounslow AC	47.90
9	945	Natalie ROBBINS	Edinburgh AC	46.38
10	864	Candy LOCKETT	Birchfield Harriers	43.51
11	833	Stephanie HOWE	Woodford Green AC with Essex Ladies	42.44
12	910	Rebecca ORRELL	Blackburn Harriers & AC	41.40

F09 Shot U20 Men Final

UK Best: Carl Myerscough, Blackpool & Fylde AC, 21.03m, 1998

CBP: Tom Walsh, New Zealand, 20.48m, 2011

Pos	Bib	Athlete	Club	Perf
1	271	George EVANS	Shaftesbury Barnet Harriers	18.05
2	212	Daniel CARTWRIGHT	Birchfield Harriers	16.66
3	486	Robbie SHAW	Nene Valley Harriers	15.68
4	276	Nathan FERGUS	South London Harriers	15.53
5	478	Leo ROWLEY	Rotherham Harriers & AC	14.79
6	501	Benjamin STEPHENS	Nene Valley Harriers	14.29
7	581	Henry FAIRCLOUGH	City of York AC	13.87
8	197	Jonathan BRIGGS	Birmingham Running Athletics & Triathlon	13.85
9	347	Oliver HUSSEY	Dartford Harriers AC	13.21

F07 High Jump U23 Women Final

UK Best: Isabel Pooley, Aldershot Farnham & District AC, 1.96, 2014

CBP: Michelle Dunkley, Woodford Green & Essex Ladies AC, 1.89m, 2000

Pos	Bib	Athlete	Club	Perf
1	953	Philippa ROGAN	Thames Valley Harriers	1.75
2	871	Nikki MANSON	Giffnock North AAC	1.70
3	703	Kate ANSON	Liverpool Harriers & AC	1.70
4	873	Deborah MARTIN	Ashford AC	1.65
5	983	Amy TARVER	Wirral AC	1.60

F02 Pole Vault U20 Men Final

UK Best: Adam Hague, Sheffield AC, 5.60, 2015

CBP: Neil Winter, Shaftesbury Barnet Harriers, 5.40m, 1993

Pos	Bib	Athlete	Club	Perf
1	314	Adam HAGUE	City of Sheffield & Dearne AC	5.15
2	423	Charlie MYERS	Middlesbrough AC (Mandale)	5.15
3	290	Nathan GARDNER	Stevenage & North Herts AC	4.55
4	529	George TURNER	Crawley AC	4.10
	324	Zach HARROP	Sale Harriers Manchester	NH
	537	Ethan WALSH	Shaftesbury Barnet Harriers	NH

F04 Shot U20 Women Final

UK Best: Sophie McKinna, Great Yarmouth, 17.12m, 2013

CBP: Sophie McKinna, Great Yarmouth, 16.36m, 2013

Pos	Bib	Athlete	Club	Perf
1	996	Michaela WALSH	Swinford AC	15.15
2	885	Sophie MERRITT	Southampton AC	14.03
3	1018	Divine OLADIPO	Blackheath & Bromley Harriers AC	14.01
4	902	Michaela OBIJAKU	Herne Hill Harriers	13.69
5	872	Rownita MARSTON	Bristol & West AC	12.55
6	743	Ada'Ora CHIGBO	North Somerset AC	12.14
7	884	Kiona MCLENNON	Rugby & Northampton AC	11.75
8	687	Annabelle PASK	Coventry Godiva Harriers	10.64

F03 Long Jump U23 Women Final

UK Best: Katarina Johnson-Thompson, Liverpool H, 6.92, 2014

CBP: Jade Johnson, Herne Hill Harriers, 6.48m, 2000

Pos	Bib	Athlete	Club	Perf	
1	1022	Jazmin SAWYERS	City of Stoke AC	6.61	+1.9
2	970	Katie STANTON	Birchfield Harriers	6.23	+2.6
3	877	Sarah MCCARTHY	Mid Sutton AC	6.06	+2.2
4	785	Mary ELCOCK	Loughborough Students AC	5.89	+2.5
5	831	Emma HORNSBY	Nene Valley Harriers	5.64	+3.8
6	660	Niamh BAILEY	Corby AC	5.60	+1.3
7	724	Micaela BRINDLE	Wigan & District H & AC	5.56	+1.5
8	737	Alyssia CARR	Sale Harriers Manchester	5.36	-0.3
9	931	Hannah PRINGLE	Gateshead Harriers & AC	5.34	+0.7
10	948	Rachel ROBERTSON	Edinburgh AC	5.31	+2.3

F12 Discus U23 Women Final

UK Best: Philippa Roles, Swansea, 60.00, 1999

CBP: Eden Francis, Birchfield Harriers, 58.99m, 2010

Pos	Bib	Athlete	Club	Perf	
1	829	Amy HOLDER	Windsor Slough Eton & Hounslow AC	53.10	
2	775	Phoebe DOWSON	Bournemouth AC	48.57	
3	796	Rachel FORDER	Havering AC	45.08	
4	777	Shadine DUQUEMIN	Jersey Spartan AC	44.52	
5	920	Sarah PARSONS	City of York AC	44.24	
6	863	Sophie LITTLEMORE	Gateshead Harriers & AC	43.71	
7	728	Elise BUE	Worcester AC	43.67	
8	985	Georgie TAYLOR	Havering AC	41.92	
9	923	Kate PATTISON	University of Warwick	38.76	
NMR	1018	Divine OLADIPO	Blackheath & Bromley Harriers AC		
1	846	Bronte JONES	City of Sheffield & Dearne AC	38.72	U18

F11 Long Jump U20 Men Final

UK Best: Greg Rutherford, Milton Keynes AC, 8.14, 2005

CBP: Jonathan Moore, Birchfield Harriers, 7.98m, 2001

Pos	Bib	Athlete	Club	Perf	
1	281	Jacob FINCHAM-DUKES	Leeds City AC	7.43	+1.1
2	274	Alexander FARQUHARSON	Coventry Godiva Harriers	7.37	+0.8
3	513	Sam TALBOT	Exeter Harriers	7.18	+0.2
3	168	Reynold BANIGO	Leeds City AC	7.11	-0.1
4	409	Ben MCGUIRE	Shaftesbury Barnet Harriers	7.11	+2.1
6	481	Alessandro SCHENINI	Giffnock North AAC	7.00	+0.7
7	456	Rowan POWELL	Leicester Coritanian AC	6.90	+0.6
8	142	Ade ADEFOLALU	Shaftesbury Barnet Harriers	6.85	+1.0
9	512	Patrick SYLLA	Bournemouth AC	6.69	-1.7
	360	Samuel KHOGALI	Worcester AC	NM	

F10 Pole Vault U20 Women Final

UK Best: Lucy Bryan, Bristol & West AC, 4.40m, 2013

CBP: Katie Byres, Sale Harriers Manchester, 4.36m, 2012

Pos	Bib	Athlete	Club	Perf	
1	950	Jessica ROBINSON	Windsor Slough Eton & Hounslow AC	3.90	
2	980	Jessica SWANNACK	Preston Harriers	3.90	
3	735	Tamsin CAMPBELL	Crawley AC	3.60	
4	752	Livvy CONNOR	Lewes AC	3.45	
4	847	Carys JONES	Carmarthen Harriers	3.45	
4	776	Sophie DOWSON	Blackheath & Bromley Harriers AC	3.45	
7	766	Isabel DEACON	Bracknell AC	3.30	
8	828	Fiona HOCKEY	Blackpool Wyre & Fylde AC	3.30	
8	811	Mercy GUTTERIDGE	Shaftesbury Barnet Harriers	3.30	
	787	Shaye EMMETT	Sutton & District AC	NM	

F14 Javelin U20 Women Final

UK Best: Goldie Sayers, Peterborough AC, 55.40m, 2001

CBP: Goldie Sayers, Peterborough AC, 53.74m, 2001

Pos	Bib	Athlete	Club	Perf	
1	817	Emma HAMPLETT	Birchfield Harriers	46.21	
2	999	Katherine WEST	Reading AC	42.32	
3	925	Sophie PERCIVAL	West Cheshire AC	41.88	
4	825	Leah HILLMAN	Pendle AC	40.10	
5	1020	Evie HARRIS-JENKINS	Rugby & Northampton AC	39.64	
6	713	Felicity BEE	Birchfield Harriers	38.89	
7	830	Katie HOLT	Reading AC	36.87	

F13 High Jump U23 Men Final

UK Best: Steve Smith, Liverpool Harriers & AC, 2.37, 1993

CBP: Martyn Bernard, City of Sheffield AC, 2.24m, 2005

Pos	Bib	Athlete	Club	Perf
1	355	Chris KANDU	Enfield & Haringey AC	2.24
2	309	William GRIMSEY	Enfield & Haringey AC	2.07
3	238	Akin COWARD	Shaftesbury Barnet Harriers	2.07
4	397	Christopher MANN	Bolton United Harriers & AC	2.03
5	162	Jonathon BAILEY	Cardiff AAC	2.03
6	386	Jack LOCHANS	Woodford Green AC with Essex Ladies	1.99
7	514	James TAYLOR	Charnwood A C	1.99
8	279	Jake FIELD	Sutton & District AC	1.94

F01 Hammer U20 Men Final

UK Best: Taylor Campbell, Windsor Slough Eton & Hounslow, 78.74, 2015

CBP: Taylor Campbell, Windsor Slough Eton & Hounslow, 78.74, 2015

Pos	Bib	Athlete	Club	Perf
1	430	Jake NORRIS	Windsor Slough Eton & Hounslow AC	70.79
2	361	Adam KING	Iveragh AC	69.70
3	369	Jamie KUEHNEL	Newbury AC	63.15
4	458	Billy PRAIM-SINGH	Southend On Sea AC	60.58
5	352	Edward JEANS	Preston Harriers	59.25
6	213	Peter CASSIDY	Guildford & Godalming AC	58.07
7	351	Aaron JEAL	Middlesbrough AC (Mandale)	57.31
8	429	Daniel NIXON	Middlesbrough AC (Mandale)	56.98
9	592	Jonathan JONES	Gloucestershire AC	55.91
10	421	Craig MULLINS	Edinburgh AC	53.65
11	467	Alexander REYNOLDS	Chelmsford AC	53.04
12	401	George MARVELL	Stevenage & North Herts AC	52.67
13	315	Jonathan-'Jonny' HAINES	Crawley AC	48.97

F15 Triple Jump U20 Women Final

UK Best: Laura Samuel, Leicester Corinthians, 13.75m, 2010

CBP: Yasmine Regis, Windsor Slough Eton & Hounslow AC, 13.13m, 2005

Pos	Bib	Athlete	Club	Perf
1	905	Naomi OGBETA	Trafford AC	12.92
2	798	Emily GARGAN	Gateshead Harriers & AC	12.36
3	1015	Laura ZIALOR	Marshall Milton Keynes AC	12.21
4	741	Abbie CHAUNDY	Swindon Harriers	11.76
5	762	Anastasia DAVIES	Blackheath & Bromley Harriers AC	11.69
6	939	Kayanna REID	Shaftesbury Barnet Harriers	11.41
7	889	Beth MORTIBOY	Notts AC	11.36
8	834	Zoe HUGHES	Wigan & District H & AC	11.32
9	979	Grace SULLIVAN	Ashford AC	11.12
10	956	Katie ROWE	Amber Valley & Erewash AC	11.09
11	731	Kamile BYKOVAITE	Ealing Southall & Middlesex AC	11.08
12	853	Angel KERIN	Bournemouth AC	10.92
13	767	Sophie DECKER	Stockport Harriers & AC	10.79
14	698	Mary ADENIJI	Blackheath & Bromley Harriers AC	10.50
15	771	Kara DOBBIE	Glasgow School of Sport	10.26

F16 Javelin U20 Men Final

UK Best: Steve Backley, Cambridge Harriers, 79.50, 1988

CBP: Mark Roberson, Haringey AC, 73.68m, 1986

Pos	Bib	Athlete	Club	Perf
1	344	Harry HUGHES	West Suffolk AC	71.49
2	248	George DAVIES	City of York AC	66.09
3	322	Joe HARRIS	Manx Harriers	64.77
4	234	Oliver CORFIELD	Cheltenham & County Harriers	64.24
5	270	Jono ENGELKING	North Devon AC	61.74
6	219	Marshall CHILDS	Ipswich Harriers	60.19
7	399	Will MARKLEW	Stevenage & North Herts AC	58.17
8	457	Jonathan POWNALL	Marshall Milton Keynes AC	56.76
9	153	Tom ANSTICE	Radley AC	55.72
10	425	Sonny NASH	Medway & Maidstone AC	53.26
11	152	Dominic ALLEN	Exeter Harriers	52.47
12	421	Craig MULLINS	Edinburgh AC	52.01
13	395	Jack MAGEE	Ballymena & Antrim AC	47.98